

ACCESS/ACCESO Drug & Alcohol Counseling [hsaccess@townofislip-ny.gov](mailto:hsaccess@townofislip-ny.gov) Town  
Hall

4

01 Main St

Islip

,  
New York

11751

(631) 224-5330

(631) 224-1206

**Hours:**

Monday - Friday, 9 a.m. to 9 p.m.

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ACCESS provides alcohol and drug abuse counseling and educational services to Town of Islip residents and their families. ACCESS is a Division of the Town of Islip's Department of Human Services. Please call the ACCESS office to receive assistance with questions or problems related to alcohol and other drugs.

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**ACCESO**

452 Suffolk Ave

Brentwood NY 11717

Voice: (631) 436-6065

Fax: (631) 436-6068

**Horas:**

Lunes - Viernes, 9 a.m. to 9 p.m.

ACCESO ofrece a los residentes del Municipio de Islip, y sus familias los servicios de educacion y consejo sobre el alcoholismo y el abuso de las drogas. ACCESO es una agencia que partence al Departamento de Servicios humanos del Municipio de Islip. Para mas informacion sobre el abuso de las drogas o el alcohol, por favor llame la officina de ACCESO y le ayudaran.

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**Specialty Services** are available for:

- \* Adolescents
  - \* Codependency
  - \* Women & Recovery
  - \* Adult Children of Alcoholics
  - \* Significant Others
  - \* Parenting & Recovery
  - \* Children of Alcoholics
  - \* Psychiatric Assessment
  - \* Substance Abusing Bat
  - \* Parents of Drug/Alcohol Users
  - \* Cocaine Addictions
  - \* People living with HIV
  - \* Bilingual Counseling Services (Spanish, French, Italian, German & Greek)
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**Appointments:** can be made by calling the Islip office at (631) 224-5330 or the Brentwood office at (631) 436-6065.

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### **Fees:**

Insurance and Medicaid are accepted for some services. A sliding fee scale based on family income is available. No one will be denied services due to an inability to pay.

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### **ACCESS MICA\* PROGRAM:**

The Town of Islip has staff trained in treating the \*Mentally Ill Chemical Abuser. Group and individual substance abuse treatment is available to those residents who have a dual diagnosis of psychiatric illness combined with a drug problem or alcohol abuse. These services are available at Pilgrim Psychiatric Center at the following affiliated outpatient clinics: Western Suffolk Center and the Buckman Center. For more information on these services, call ACCESO at (631) 436-6065.

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## **Drug Prevention Education**

### **Community Education**

ACCESS runs a 12-week series on drugs and alcohol. The series consists of 12 sessions:

1. Attitudes and Issues of Substance Abuse
2. Alcohol: The Bottom Line
3. Alcoholism in the Family: The Family Disease
4. Codependency: Getting Help for Yourself
5. Genetics of Addiction
6. Cocaine: The Big White Lie
7. AIDS: It's a Matter of Life or Death
8. Alcohol, Drugs and Recovery
9. Young People and Substance Abuse
10. Parents: Get Informed, Get Involved
11. Fetal Alcohol Syndrome: Babies Who Can't Say No
12. Violence and Alcohol/Drugs: The Connection

Each session begins with an introduction and a video. A discussion and question/answer period follows. The program is continuous. You can join at any time. A Certificate of Completion is awarded to those who complete the series. The Community Education program is given four times during the year at Dowling College in Oakdale. Please call (631) 224-5330 for additional information.

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### **Choices:**

Choices is a 10-week program that is conducted at local school districts employing social skill-building tied to age appropriate information about alcohol and other drugs. The program utilizes role playing, small group exercises and classroom games. Students keep journals to reinforce each lesson. Letters to parents occasionally accompany homework assignments.

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### **Just Say NO to Drugs:**

This program offers presentations that are pro-health, and pro-choice. The program is geared for grades K-12. Students are encouraged to discuss issues and feelings that influence their own sense of self. These techniques are further used to heighten self-esteem. Accurate

information is presented to students to help them understand the negative consequences of substance abuse on their physical, emotional and psychological development.